**Health & Wellbeing Digest April 2017**

To request the full text of these articles e-mail Dymphna McGettigan at Dymphna.mcgettigan@hse.ie

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**Reports**

**Report 1:**

**Title:** Online support: investigating the role of public online forums in mental health

**Source:** Centre for Demos April 2017

**Author:** Smith, J et al

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**Social Prescribing**

**Article 1:**

**Title:** Social prescribing: less rhetoric and more reality. A systematic review of the evidence

**Source:** BMJ Open. 2017 Apr 7;7(4)

**Author:** Bickerdike L et al

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**Article 2:**

**Title:** Creative solutions: What can art and design pedagogy bring to social prescribing programmes?


**Author:** Willcocks, J

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Child Health & Wellbeing

**Article 1:**

**Title:** Academic Performance and Lifestyle Behaviors in Australian School Children: A Cluster Analysis  
**Source:** Health Educ Behav. 2017 Apr 1  
**Author:** Dumuid, D

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**Article 2:**

**Title:** School Response to Self-Injury: Concerns of Mental Health Staff and Parents.  
**Source:** Sch Psychol Q. 2017 Apr 17  
**Author:** Kelada L et al

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Mental Health and Wellbeing

**Article 1:**

**Title:** The mental health of unemployed Brussels youth: the role of social and material resources  
**Source:** Archives of Public Health April 2017 75:19  
**Author:** Huegaerts, K

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**Article 2:**

**Title:** Well-being therapy in depression: New insights into the role of psychological well-being in the clinical process  
**Source:** Depress Anxiety. 2017 Apr 18 Epub ahead of print  
**Author:** Fava, G A et al

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**Healthy Eating and Active Living**

**Article 1:**

**Title:** Is there a role for lifestyle changes in cardiovascular prevention? What, when and how?

**Source:** Atheroscler Suppl. 2017 Apr;26:2-15.

**Author:** Masana L

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**Article 2:**

**Title:** Exploring the relationship between perceived barriers to healthy eating and dietary behaviours in European adults

**Source:** Eur J Nutr. 2017 Apr 26.

**Author:** Pinho MGM

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**Article 3:**

**Title:** Comparative Effectiveness of Two Walking Interventions on Participation, Step Counts, and Health

**Source:** American Journal of Health Promotion 2017, Vol. 31(2) 119-127

**Author:** Smith-McLallen, A

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**Older People/Positive Ageing**

**Article 1:**

**Title:** Does a physical activity program in the nursing home impact on depressive symptoms? A generalized linear mixed-model approach

**Source:** Aging Ment Health. 2017 Apr 18:1-10

**Author:** Diegelmann M et al

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Tobacco

Article 1:

Title: Electronic Nicotine Delivery Systems and Smoking Cessation in Arkansas, 2014
Author: Ekanem US et al

To view abstract click here

Article 2:

Title: Tobacco packaging design for reducing tobacco use.
Source: Cochrane Database Syst Rev. 2017 Apr 27;
Author: McNeill, A et al

To view abstract click here

Article 3:

Title: Clickotine, A Personalized Smartphone App for Smoking Cessation: Initial Evaluation
Author: Iacoviello BM

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Staff Health

Article 1:

Title: Support for Food and Beverage Worksite Wellness Strategies and Sugar-Sweetened Beverage Intake Among Employed U.S. Adults
Source: American Journal of Health Promotion 2017, Vol. 31(2) 128-135
Author: Hee Lee-Kwan, S

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ALCOHOL

Article:

Title: The Association Between Health Changes and Cessation of Alcohol Consumption
Source: Alcohol Alcohol. 2017 May 1;52(3):344-350.
Author: Park JE

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